



CROCKER & WINSOR
SEAFOODS



Lobster Meat (*Homarus americanus*)

North Atlantic Lobster has a sweet almost buttery flavor. Available in Knuckle Claw and Leg, Knuckle Claw no Leg, and Broken Meat

Share



Product Specifications

Brand	Pack Size	Packing Style	Available Sizes	Country of Origin	Method of Catch
Winsor Bay	6/2lb or 12/2lb	Block Frozen		Canada	Wild Caught

Shipping Information

Length	Width	Height	Storage Temp
0	0	0	0° F or Below

Nutrition Facts

Serving Size: 3 oz (85g)

Amount Per Serving

Calories: 77

Calories from Fat: 7

% Daily Value*

Total Fat: 1g 1%

Saturated Fat: 0g 1%

Trans Fat: 0g

Cholesterol: 81mg 27%

Sodium: 252mg 10%

Total Carbohydrates: 0g 0%

Dietary Fiber: 0g 0%

Sugars: 0g

Protein: 16g

Vitamin A: 1%

Vitamin C: 0%

Calcium: 4%

Iron: 1%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Comments:

Ingredients:

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P 617-269-3100 • F 781-400-2976 • E Fish@crockerwinsor.com
P.O. Box 816, Needham, MA, USA 02494

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